

# HANDLED.

# HANDLED HOME SAFETY CHECKPOINT LIST

Quick 10-Minute Room-by-Room Safety Check for Peace of Mind



Peace of Mind



Time Back



Smart Stress-Free Living

## ENTRANCE & EXTERIOR

- Is there ramp or step-free access
- Are railings secure and easy to grip
- Is the pathway leading to the front door clear and even
- Is furniture arranged for easy movement with a walker or cane

## LIVING ROOM

- Are rugs non-slip or secured
- Cords, wires, or clutter are out of walking paths
- Adequate lighting, clearly labeled containers

## KITCHEN

- Often-used items within easy reach (no step stool needed)
- A working fire extinguisher nearby
- Smoke & carbon monoxide detectors installed and functional
- Fridge stocked with unexpired, healthy food

## BATHROOM

- Grab bars installed near toilet and inside shower/tub
- Non-slip mat in tub and/or shower
- Water heater set to avoid scalding (max 120°F)
- Medications in clearly labeled containers

## BEDROOM

- Emergency contact list visible and up-to-date
- Backup lighting (flashlights, battery lamps)
- Someone checks in regularly family, neighbor, or service

## BONUS REFLECTION

- “Have you had any close calls or slips in the past few months?”
- “Do you feel safe moving around the house at night?”
- “What’s one thing that feels hard to manage lately at home?”



## WANT HELP?

**Schedule a HOME WELLNESS CHECK with Handled Home Services**

We'll walk through the home, help you prioritize fixes, and give you a plan no pressure, just peace of mind.